

Steven Bellone
Suffolk County Executive



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Hauppauge, NY 11788

2019 Suffolk County Directory of Behavioral Health Services

Guide to Services and Supports

Ann Marie Csorny, LCSW-R, DIRECTOR

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COUNTY OF SUFFOLK



STEVEN BELLONE
SUFFOLK COUNTY EXECUTIVE

DEPARTMENT OF HEALTH SERVICES

JAMES L. TOMARKEN, MD, MPH, MBA, MSW
Commissioner

April 3, 2019

Dear Suffolk County Resident,

I am pleased to present this comprehensive directory of behavioral health prevention, education, treatment, recovery services and supports. The directory is the result of efforts of the Division's various subcommittees and workgroups. The services listed vary, so we have provided a glossary of terms to assist you.

2019 is an exciting year for the residents of Suffolk County, as we will be launching a comprehensive behavioral health countywide crisis response initiative. We have contracted with Family Service League to oversee the initiative. We anticipate that the DASH (Diagnostic Assessment Stabilization Hub) program will be operational early in 2019.

The DASH program will operate 24/7/365 providing a wide range of services for persons and their families experiencing behavioral health needs. You can access the program via the hotline (631) 952-3333, in person at the center in Hauppauge, or a Mobile Response Team can visit with you in the community.

The DASH program is intended to address emergent/crisis situations, however the goal is always to avoid crisis with that in mind the center offers a "living room" model of care in addition to its clinical care. This model of care is designed to be welcoming, low stimulation, and functions as a linkage center for people trying to negotiate the behavioral health system of care.

If you have revisions or updates to the information found in this directory, please contact the Suffolk County Department of Health, Division of Community Mental Hygiene Services by telephone at (631) 853-8500.

Sincerely,

Ann Marie Csorny

Ann Marie Csorny, LCSW, Director
Suffolk County Division of Community Mental Hygiene Services

DIVISION OF COMMUNITY MENTAL HYGIENE

Ann Marie Csorny, LCSW, Director

William J. Lindsay Complex, Building C016, 725 Veterans Memorial Highway,

P.O. Box 6100, Hauppauge, NY 11788

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Public Health
Prevent. Promote. Protect.

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CRISIS, HOSPITALS & INPATIENT PROGRAMS

EMERGENCY PHONE NUMBERS: CRISIS INTERVENTION SERVICES

| | |
|--|---------------------------|
| Suffolk County Crisis Response - DASH (Diagnostic, Assessment, and Stabilization Hub) - 90 Adams Ave., Hauppauge, NY 11788 | (631) 952-3333 |
| CPEP Program at Stony Brook (Psychiatric ER) | (631) 444-6050 |
| Crisis Residence (Pilgrim) | (631) 761-2929 |
| Domestic Violence, Sexual Assault 24-hr. Hotline | (631) 360-3606 |
| Response Hot Line - www.responsehotline.org | (631) 751-7500 |
| LICADD substance abuse Hotline 24-hr. Hotline | (631) 979-1700 |
| Suicide Prevention Lifeline | (631) 800-273-TALK (8255) |
| Talbot House, 24-hr. Substance Abuse Crisis | (631) 589-4144 |
| APS (Adult Protective Services) | (631) 854-3195 |
| CPS (Child Protective Services) | (800) 342-3720 |
| Long Island Crisis Center | (516) 679-1111 |
| SC Department of Social Services Emergency Services-Hotline | (631) 854-9100 |
| Sagamore Children's Crisis Respite House & Suffolk Crisis Respite Bed Network | (631) 370-1701 |
| Children's Home Based Crisis Intervention (Well Life Network LINK) | (631) 920-8302 |

INPATIENT PROGRAMS

MENTAL HEALTH

| Location | PSYCHIATRIC HOSPITALS | Address | Phone | Pop |
|----------------|--|--|--|---------------------|
| Amityville | BRUNSWICK HALL (Division of Brunswick Hospital) | 81 Loudon Ave, Amityville, NY 11701 | (631) 789-7130 | Adult & Children |
| Amityville | SOUTH OAKS HOSPITAL | 400 Sunrise Highway, Amityville, NY 11701 | (631) 608-5610 | Adult & Children |
| Dix Hills | SAGAMORE CHILDREN'S PSYCHIATRIC CENTER | 197 Half Hollow Road, Dix Hills, NY 11746 | (631) 370-1700 | Children |
| Greenport | EASTERN LONG ISLAND HOSPITAL | 201 Manor Place, Greenport, NY 11944 | (631) 477-1000 x 5394 | |
| Huntington | HUNTINGTON HOSPITAL | 270 Park Avenue, Huntington, NY 11743 | (631) 351-2434 | |
| Northport | VETERANS ADMINISTRATION MEDICAL CENTER | 79 Middleville Road, Northport, NY 11768 | (631) 261-4400 x2785 | |
| Patchogue | BROOKHAVEN MEMORIAL HOSPITAL | 101 Hospital Road, Patchogue, NY 11772 | (631) 654-7760 | |
| Port Jefferson | MATHER MEMORIAL HOSPITAL | 75 North Country Rd., Port Jefferson, NY 11777 | (631) 473-1320 x 5800 (18+) x 5820 (12-17) | Adult & Children |
| Smithtown | ST. CATHERINE OF SIENA HOSPITAL | 50 Rte. 25A, Smithtown, NY 11787 | (631) 862-3000 | |
| Stony Brook | UNIVERSITY HOSPITAL AT STONY BROOK | HEALTH SCIENCES CENTER S.U.N.Y., Stony Brook, NY 11794 | (631) 444-2591 | Children |
| West Brentwood | PILGRIM PSYCHIATRIC CENTER (NYSOMH) | 998 Crooked Hill Rd., W. Brentwood, NY 11717 | (631) 761-3500 | |

| Location | PARTIAL HOSPITALIZATION & DAY TREATMENT | Address | Phone | Pop |
|----------------|--|---|--|---------------------|
| Dix Hills | SAGAMORE CHILDREN'S PSYCHIATRIC CENTER | 197 Half Hollow Road, Dix Hills, NY 11746 | (631) 370-1895 | Children |
| Amityville | SOUTH OAKS HOSPITAL | 400 Sunrise Hwy, Amityville, NY 11701 | (631) 608-5340 (A) (631) 608-5885 (C) | Adult & Children |
| Port Jefferson | JOHN T. MATHER MEMORIAL HOSPITAL | 100 Highland Blvd., Port Jefferson Sta., NY 11776 | (631) 473-3877 x 26 (A) x 27 (C) | Adult & Children |

SUBSTANCE ABUSE

| Location | DETOXIFICATION (Withdrawal & Stabilization) | Address | Phone | Pop |
|-------------------|--|--|----------------|---------------------|
| Amityville | SOUTH OAKS | 400 Sunrise Highway, Amityville, NY 11701 | (631) 608-5610 | Adult & Children |
| Bohemia | CATHOLIC CHARITIES TALBOT HOUSE | 30-C Carlough Road, Bohemia, NY 11716 | (631) 589-4144 | Adult & Children |
| Greenport | EASTERN LONG ISLAND HOSPITAL | 201 Manor Place, Greenport, NY 11944 | (631) 477-8877 | |
| Hampton Bays | LONG ISLAND CENTER FOR RECOVERY | 320 W. Montauk Hwy, Hampton Bays, NY 11946 | (631) 728-3100 | |
| Port Jefferson | ST. CHARLES HOSPITAL | 200 Belle Terre Road, Port Jefferson, NY 11777 | (631) 474-6981 | |
| Ronkonkoma | PHOENIX HOUSE of LI, Inc. | 153 Lake Shore Rd, Lake Ronkonkoma, NY 11779 | (631) 306-5710 | |
| Westhampton Beach | SEAFIELD CENTER | 7 Seafield Lane, Westhampton Beach, NY 11977 | (631) 288-1122 | |

| Location | INPATIENT - REHABS | Address | Phone | Pop |
|-------------------|---------------------------------|---|----------------|-----|
| Amityville | SOUTH OAKS | 400 Sunrise Highway, Amityville, NY 11701 | (631) 608-5610 | |
| Brentwood | CHARLES K. POST ATC | 998 Crooked Hill Road, West Brentwood, NY 11717 | (631) 434-6233 | |
| Greenport | EASTERN LONG ISLAND HOSPITAL | 201 Manor Place, Greenport, NY 11944 | (631) 477-8877 | |
| Hampton Bays | LONG ISLAND CENTER FOR RECOVERY | 320 W. Montauk Hwy, Hampton Bays, NY 11946 | (631) 728-3100 | |
| Port Jefferson | ST. CHARLES HOSPITAL | 200 Belle Terre Road, Port Jefferson, NY 11777 | (631) 474-6233 | |
| Westhampton Beach | SEAFIELD CENTER | 7 Seafield Lane, Westhampton Beach, NY 11977 | (631) 288-1122 | |

| Location | RESIDENTIAL | Address | Phone | Pop |
|--------------|--|--|----------------|------------|
| Brentwood | CHARLES K. POST ATC | 998 Crooked Hill Rd, Bldg. 1 PPC Campus, W. Brentwood, NY 11717 | (631) 434-7200 | |
| Brentwood | OUTREACH House II | 400 Crooked Hill Road, Brentwood, NY 11717 | (631) 231-3232 | Adolescent |
| Brentwood | OUTREACH Recovery Center at Pilgrim State | 998 Crooked Hill Rd, Bldg 5, Brentwood, NY 11717 | (631) 521-8400 | Adult |
| Dix Hills | SCO MADONNA HEIGHTS – Morning Star | 151 Burrs Lane, Dix Hills, NY 11746 | (631) 643-0849 | |
| Dix Hills | SCO MADONNA HEIGHTS – Morning Star II | 151 Burrs Lane, Dix Hills, NY 11746 | (631) 643-6663 | |
| East Hampton | THE DUNES | 201 Ford Pond Blvd, Suite 1, E. Hampton, NY 11937 | (631) 324-3446 | |
| Hauppauge | PHOENIX HOUSE of LI, Inc. | 220 Veterans Hwy, Hauppauge, NY 11788 | (631) 979-0922 | |
| Wainscott | PHOENIX HOUSE of LI, Inc. | 95 Industrial Rd, Wainscott, NY 11975 | (631) 979-0922 | |

OUTPATIENT PROGRAMS

CLINICS

MENTAL HEALTH

| Location | OUTPATIENT CLINICS | Address | Phone | Pop |
|-----------------|---|--|----------------------------------|---------------------|
| Amityville | SOUTH OAKS AFFILIATE | 400 Sunrise Highway, Amityville, NY 11701 | (631) 608-5620 (631) 608-5900 | Adult & Children |
| Bay Shore | CATHOLIC CHARITIES Bay Shore Center | 21 4 th Avenue, Bay Shore, NY 11706 | (631) 665-6707 | Adult & Children |
| Bay Shore | FAMILY SERVICE LEAGUE The Iovino South Shore Family Center | 1444 Fifth Avenue, Bay Shore, NY 11706 | (631) 647-3100 | Adult & Children |
| Brentwood | BRENTWOOD MENTAL HEALTH CLINIC | 1841 Brentwood Rd, Brentwood, NY 11717 | (631) 853-7300 | Adult & Children |
| Center Moriches | COMMUNITY COUNSELING SERVICES | 408 Main St South, Center Moriches, NY 11934 | (631) 874-0185 | |
| Central Islip | FAMILY SERVICE LEAGUE The Central Islip Clinic | 320 Carleton Ave, Central Islip, NY 11722 | (631) 663-4300 | Adult & Children |
| Copague | New Horizons Counseling Center | 445 Oak Street, Copague, NY 11726 | (631) 257-5173 | Adult & Children |

| Location | Outpatient Clinics cont... | Address | Phone | Pop |
|----------------|---|---|----------------|---------------------|
| Dix Hills | SCO MADONNA HEIGHTS | 151 Burrs Lane, Dix Hills, NY 11746 | (631) 253-3480 | Adult & Children |
| East Hampton | FAMILY SERVICE LEAGUE East Hampton Center | 316 Accabonac Road, East Hampton, NY 11937 | (631) 324-3344 | Adult & Children |
| Farmingville | FARMINGVILLE MENTAL HEALTH CNTR | 15 Horseblock Place, Farmingville, NY 11738 | (631) 854-2552 | Adult & Children |
| Hauppauge | FAMILY WELLNESS CENTER (FREE) | 120 Plant Avenue, Hauppauge, NY 11788 | (631) 273-1300 | Adult |
| Huntington | FAMILY SERVICE LEAGUE | 55 Horizon Drive, Huntington, NY 11743 | (631) 396-2300 | Adult & Children |
| Huntington | FAMILY SERVICE LEAGUE The Olsten Family Center | 790 Park Avenue, Huntington, NY 11743 | (631) 427-3700 | Adult Only |
| Islip | WEST ISLIP YOUTH ENRICHMENT SERVICES (YES) | 401 Main Street, Room 108, Islip, NY 11751 | (631) 446-1950 | Adult & Children |
| Mastic | FAMILY SERVICE LEAGUE Mastic Center | 1235 Montauk Highway, Mastic, NY 11950 | (631) 924-3741 | Adult & Children |
| Mattituck | FAMILY SERVICE LEAGUE Mattituck Center – North Fork Counseling | 7555 Main Street, Mattituck, NY 11952 | (631) 298-8642 | Adult & Children |
| Medford | CATHOLIC CHARITIES Medford Center | 1727 North Ocean Avenue, Medford, NY 11763 | (631) 654-1919 | Adult & Children |
| Medford | YAPHANK ADULT & GERIATRIC Pilgrim Outpatient Center | 31 Industrial Blvd., Medford, NY 11763 | (631) 924-4411 | Adult |
| Oakdale | SKILLS UNLIMITED MENTAL HEALTH CLINIC | 405 Locust Avenue, Oakdale, NY 11769 | (631) 567-1626 | Adult |
| Patchogue | LONG ISLAND COMMUNITY HOSPITAL | 365 East Main Street, Patchogue, NY 11772 | (631) 854-1222 | Adult & Children |
| Patchogue | SAGAMORE CHILDREN'S CENTER Waverly Avenue Clinic | 440-14 Waverly Avenue, Patchogue, NY 11772 | (631) 654-2077 | Children |
| Port Jefferson | JOHN T. MATHER OUTPATIENT MHC | 125 Oakland Ave, Ste. 303 Port Jefferson, NY 11777 | (631) 729-2140 | |
| Port Jefferson | HOPE HOUSE MINISTRIES | 1 High Street, Port Jefferson, NY 11777 | (631) 928-2377 | Adult |
| Riverhead | FAMILY SERVICE LEAGUE Riverhead Center | 208 Roanoke Ave, Riverhead, NY 11901 | (631) 369-0104 | Adult |
| Riverhead | OPTI HEALTHCARE MENTAL HEALTH CENTER – Riverhead Center | 883 E. Main Street, Riverhead, NY 11901 | (631) 284-5500 | Adult |

| Location | Outpatient Clinics cont... | Address | Phone | Pop |
|-------------------|---|---|----------------------------------|------------------|
| Riverhead | PECONIC CENTER Pilgrim Outpatient Center | 550 E. Main Street, Ste 103, Riverhead, NY 11901 | (631) 369-1277 | Adult |
| Riverhead | RIVERHEAD MENTAL HEALTH CENTER <i>Jail Unit – Suffolk County Correctional Facility</i> | 300 Center Drive, Riverhead, NY 11901 | (631) 852-1440 | Adult & Children |
| | | 100 Center Drive, Riverhead, NY 11901 | (631) 852-1851 | Adult |
| Smithtown | NEW HORIZONS COUNELING CENTER | 11 Route 111, 2 nd Fl, Smithtown, NY 11787 | (631) 656-9550 | Adult & Children |
| Smithtown | OPTI HEALTHCARE MENTAL HEALTH CENTER – Meadow Glen Center | 75 Landing Meadow Rd, Smithtown, NY 11787 | (631) 360-4700 | Adult |
| Shirley | LONG ISLAND COMMUNITY HOSPITAL | 550 Montauk Hwy, Shirley, NY 11967 | (631) 852-1070 | Adult & Children |
| Stony Brook | UNIVERSITY HOSPITAL AT STONY BROOK – Clinic Treatment Program | 2500 Nesconset Hwy, Bldg. 2, Stony Brook, NY 11790 | (631) 444-2570 | Adult MM |
| Stony Brook | UNIVERSITY MEDICAL CENTER SUNY STONY BROOK Child Psychiatry Clinic | Putnam Hall, Stony Brook, NY 11794 | (631) 632-8850 (631) 632-9510 | Children |
| West Brentwood | BUCKMAN CENTER | 998 Crooked Hill Rd., Bldg. 47, W. Brentwood, NY 11717 | (631) 761-2289 | |
| West Brentwood | WESTERN SUFFOLK CENTER | 998 Crooked Hill Rd., Bldg. 56, W. Brentwood, NY 11717 | (631) 761-2082 | |
| Westhampton Beach | FAMILY SERVICE LEAGUE Family Counseling Center – Westhampton Beach Clinic | 40 Main Street, Westhampton Beach, NY 11978 | (631) 288-1954 | Adult & Children |
| Westhampton Beach | HAMPTON PSYCHOLOGICAL CENTER | 12 Oak Street, Westhampton Beach, NY 11978 | (631) 255-7715 | Adult |
| Wyandanch | FEDERATION OF ORGANIZATIONS | 240-A Long Island Ave, Wyandanch, NY 11798 | (631) 782-6200 | Adult & Children |

MENTAL HEALTH: MOBILE CLINIC (SPECIALIZED CLINIC PROGRAM, CHILDREN ONLY)

| | |
|---|----------------|
| FAMILY SERVICE LEAGUE WEST (North of LIE to Nichols Rd & North/South of LIE Nichols Rd to William Floyd Pkwy) | (631) 396-2325 |
| FAMILY SERVICE LEAGUE EAST (William Floyd Pkwy East) | (631) 298-8642 |

MENTAL HEALTH: ON TRACK NY (SPECIALIZED CLINIC PROGRAM, 16 and up)

| | | |
|-------------------------------|--------------------------------|--------------|
| Suffolk On Track - South Oaks | 400 Sunrise Hwy, Amityville NY | 631 608-5558 |
|-------------------------------|--------------------------------|--------------|

SUBSTANCE ABUSE

| Location | OPIOID TREATMENT PROGRAMS (OTP) | Address | Phone | Pop |
|-----------------------|--|---|----------------|------------|
| Hauppauge | SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES, INC. DIVISION OF COMMUNITY MENTAL HYGIENE | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. 151 , Hauppauge, NY 11788 | (631) 853-6410 | |
| Hauppauge | | 200 Wireless Blvd., Hauppauge, NY 11788 | (631) 853-7373 | |
| Huntington Station | | 689 E. Jericho Tpke., Huntington Station, NY 11746 | (631) 854-4400 | |
| Riverhead | | 300 Center Drive, 2nd Floor, Riverhead, NY 11901 | (631) 852-2680 | |

SUBSTANCE ABUSE

| Location | OUTPATIENT CLINICS | Address | Phone | Pop |
|-----------------|---|---|----------------|-----------------------|
| Amityville | HOPE FOR YOUTH | 201 Dixon Avenue Amityville, NY 11701 | (631) 842-7900 | |
| Amityville | SEAFIELD SERVICES | 37 John Street Amityville, NY 11701 | (631) 424-2900 | Adult & Adolescent |
| Amityville | SOUTH OAKS | 400 Sunrise Hwy. Amityville, NY 11701 | (631) 608-5610 | |
| Bay Shore | FAMILY SERVICE LEAGUE The Iovino South Shore Family Center | 1444 Fifth Avenue Bay Shore, NY 11706 | (631) 647-3100 | |
| Bellport | OUTREACH | 11 Farber Drive Units C & D Bellport, NY 11713 | 631-286-0700 | Adult & Adolescent |
| Bohemia | INSTITUTE FOR RATIONAL COUNSELING | 30 Floyds Run Bohemia, NY 11716 | (631) 567-7760 | |
| Brentwood | OUTREACH | 452 Suffolk Avenue Brentwood, NY 11717 | 631-436-6065 | Adult |
| Brentwood | OUTREACH Recovery Center at Pilgrim State | 998 Crooked Hill Rd., Building 5 Brentwood, NY 11717 | 631-521-8400 | Adult & Veteran |
| Brentwood | OUTREACH Family & Training Center | 400 Crooked Hill Rd. Brentwood, NY 11717 | 631-286-0700 | Adolescent |
| Commack | CATHOLIC CHARITIES | 155 Indian Head Rd. Commack, NY 11725 | 631-543-6200 | Adult & Adolescent |
| Coram | WELLIFE NETWORK | 3600 Route 112 Coram, NY 11727 | (631) 920-8324 | |
| Deer Park | BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE MEDICINE TREATMENT (B.E.S.T) | 770 Grand Blvd. Suite 17, Deer Park, NY 11729 | (631) 392-4357 | |

| Location | OUTPATIENT CLINICS cont... | Address | Phone | Pop |
|---------------------------|--|---|----------------|-----------------------|
| East Hampton | THE DUNES | 201 Ford Pond Blvd, Suite 1, E. Hampton, NY 11937 | (631) 604-5405 | |
| East Hampton | PHOENIX HOUSE of LI, Inc. | 287 Springs Fireplace Rd, East Hampton, NY 11937 | (631) 329-0373 | |
| Hampton Bays | CATHOLIC CHARITIES | 31 Montauk Hwy E., Hampton Bays, NY 11946 | (631) 723-3362 | |
| Hampton Bays | LONG ISLAND CENTER FOR RECOVERY | 320 West Montauk Hwy, Hampton Bays, NY 11946 | (631) 728-3100 | |
| Hauppauge | THE KENNETH PETERS CENTER FOR RECOVERY | 300 Motor Parkway, Suite 110, Hauppauge, NY 11788 | (631) 273-2221 | |
| Holtsville | YMCA FAMILY SERVICES | 1150 Portion Rd, Holtsville, NY 11742 | (631) 580-7777 | |
| Huntington | SAMARITAN DAYTOP VILLAGE | 2075 New York Ave, Huntington Sta., NY 11746 | (631) 351-7112 | |
| Huntington | HUNTINGTON DRUG AND ALCOHOL | 423 Park Avenue, Huntington, NY 11743 | (631) 271-3591 | |
| Huntington | WELLIFE NETWORK | 55 Horizon Drive, Huntington, NY 11743 | (631) 920-8324 | |
| Lake Grove | IMPACT COUNSELING SERVICES, INC. | 2760 Middle Country Road, Lake Grove, NY 11755 | (631) 467-3182 | |
| Mastic | FAMILY SERVICE LEAGUE | 1235 Montauk Hwy. Mastic, NY 11950 | (631) 924-3741 | |
| Medford | SEAFIELD SERVICES | 3251 Route 112 Building 9, Suite 2 Medford, NY 11763 | (631) 451-6007 | Adult & Adolescent |
| North Babylon | TOWN OF BABYLON Beacon Family Wellness Center | 281 Phelps Lane, N. Babylon, NY 11703 | (631) 422-7676 | |
| Patchogue | LONG ISLAND COMMUNITY HOSPITAL | 365 East Main Street Patchogue, NY 11772 | (631) 854-1222 | |
| Patchogue | SEAFIELD SERVICES | 475 East Main St, 1st Fl, Suite 101 E. Patchogue, NY 11772 | (631) 363-2001 | Adult & Adolescent |
| Port Jefferson Station | JOHN T. MATHER MEMORIAL HOSPITAL | 200 Belle Terre Road, Port Jefferson, NY 11777 | (631) 331-8200 | |

| Location | OUTPATIENT CLINICS cont... | Address | Phone | Pop |
|-------------|--|---|----------------|-----|
| | | | | |
| Riverhead | ALTERNATIVES COUNSELING SERVICES | 518 East Main Street, Riverhead, NY 11901 | (631) 369-1200 | |
| Riverhead | EASTERN LONG ISLAND HOSPITAL | 814 Harrison Ave., Riverhead, NY 11901 | (631) 369-8966 | |
| Riverhead | FAMILY SERVICE LEAGUE | 208 Roanoke Ave., Riverhead, NY 11901 | (631) 369-0104 | |
| Riverhead | MARYHAVEN CENTER OF HOPE, INC. | 240 West Main St., Riverhead, NY 11901 | (631) 727-0710 | |
| Riverhead | SEAFIELD SERVICES | 212 & 230 W. Main St. Riverhead, NY 11901 | (631) 369-7800 | |
| Ronkonkoma | CENTER FOR ADDICTION RECOVERY AND EMPOWERMENT (C.A.R.E.) | 2805 Veterans Memorial Hwy, Ronkonkoma, NY 11779 | (631) 532-5234 | |
| Ronkonkoma | COMMUNITY COUNSELING CENTER | 3281 Veterans Memorial Hwy., Suite E-14, Ronkonkoma, NY 11779 | (631) 471-3122 | |
| Shirley | LONG ISLAND COMMUNITY HOSPITAL | 550 Montauk Highway Shirley, New York 11967 | (631) 852-1070 | |
| Smithtown | EMPLOYEE ASSISTANCE RESOURCES | 278 East Main Street, Smithtown, NY 11787 | (631) 361-6960 | |
| Smithtown | WELL LIFE NETWORK | 11 Route 111, Smithtown, NY 11787 | (631) 920-8324 | |
| Smithtown | TOWN OF SMITHTOWN HORIZONS COUNSELING AND EDUCATION CENTER | 161 East Main St., Smithtown, NY 11787 | (631) 360-7578 | |
| Southampton | ALTERNATIVES COUNSELING SERVICES | 291 Hampton Road, Southampton, NY 11968 | (631) 283-4440 | |
| Wyandanch | WELL LIFE NETWORK | 234 Long Island Ave, Wyandanch, NY 11799 | (631) 920-8324 | |

ADDITIONAL CLINICAL TREATMENT, SUPPORT & REHABILITATION

MENTAL HEALTH PROS: ADULT SERVICES

| Location | PROS PROGRAMS | Address | Phone | Pop |
|-----------------|---|---|----------------|---------------|
| Copiatue | FEDERATION OF ORGANIZATIONS RECOVERY CONCEPTS at COPIAGUE | 1375 Akron St, Copiatue, NY 11726 | (631) 552-4240 | Adult |
| Coram | WELL LIFE NETWORK PROS EAST | 3600 Route 112, Coram, NY 11727 | (631) 920-8500 | |
| Huntington | FAMILY SERVICE LEAGUE Stepping Stones | 790 Park Avenue, Huntington, NY 11743 | (631) 427-4001 | Adult Only |
| Oakdale | SKILLS UNLIMITED MENTAL HEALTH CLINIC | 405 Locust Avenue, Oakdale, NY 11769 | (631) 567-1626 | Adult |
| Patchogue | FEDERATION OF ORGANIZATIONS RECOVERY CONCEPTS at PATCHOGUE | 456 Waverly Avenue, Patchogue, NY 11772 | (631) 447-6460 | |
| Riverhead | MARYHAVEN PROS EAST | 127 West Main Street, Riverhead, NY 11901 | (631) 727-4044 | Adult |
| Riverhead | SYNERGY CENTER (MHAW) | 1380 Roanoke Ave, Riverhead, NY 11901 | (631) 369-0022 | Adult |
| Ronkonkoma | ASSOCIATION FOR MENTAL HEALTH AND WELLNESS | 939 Johnson Ave., Ronkonkoma, NY 11779 | (631) 471-7242 | |
| Smithtown | WELL LIFE NETWORK PROS NORTH | 11 Route 111, Smithtown, NY 11787 | (631) 920-8306 | Adult |
| West Brentwood | PHOENIX HOUSE MENTAL HEALTH SERVICES PROS FIRST | 998 Crooked Hill Rd., Bldg. 5, W. Brentwood, NY 11717 | (631) 306-5870 | |
| Yaphank | MARYHAVEN PROS WEST | 445 County Road 101, Yaphank, NY 11980 | (631) 924-5900 | |

PREVENTION, RECOVERY & COMMUNITY BASED SERVICES

MENTAL HEALTH

| Location | PREVENTION, RECOVERY, & COMMUNITY BASED | Address | Phone | Pop |
|-----------------|---|---|----------------|------------|
| Amityville | ADOPTION & GUARDIANSHIP ASSISTANCE PROGRAM FOR EVERYONE (AGAPE) | 21 Green Avenue, Amityville, NY 11701 | (631) 598-1983 | I |
| Bay Shore | CHILDREN'S AND PARENTS TOGETHER (CAPT) | 1444 Fifth Avenue, Bay Shore, NY 11706 | (631) 647-3128 | |
| Bay Shore | LEARN, ENRICH, ACHIEVE, DREAM (LEAD) | 1444 Fifth Avenue, Bay Shore, NY 11706 | (631) 650-0105 | |
| Bay Shore | RECESS | 1444 Fifth Avenue, Bay Shore, NY 11706 | (631) 650-0105 | |
| Hauppauge | ALTERNATIVES FOR YOUTH (AFY) | 60 Plant Avenue Hauppauge, NY 11788 | (631) 853-7889 | |
| Islandia | VICTIMS INFORMATION BUREAU (VIBS) | 185 Oval Drive Islandia, NY 11749 | (631) 360-3730 | |
| Middle Island | JUST KIDS | 35 Longwood Road Middle Island, NY 11953 | (631) 924-0008 | |

SUBSTANCE ABUSE

| Location | PREVENTION, RECOVERY, & COMMUNITY BASED | Address | Phone | Pop |
|---------------------------|--|--|-------------------------|------------|
| Amityville | HOPE FOR YOUTH | 201 Dixon Avenue, Amityville, NY 11701 | (631) 782-6523 | All |
| Bay Shore | LONG ISLAND PREVENTION RESOURCE CENTER - FSL | 1444 Fifth Avenue, Bay Shore, NY 11706 | (631) 650-0135 | |
| Hauppauge | LONG ISLAND COUNCIL ON ALCOHOL AND DRUG DEPENDENCY (LICADD) | 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749 | (631) 979-1700 | |
| Hauppauge | SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES, INC | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788 | (631) 853-8500 | |
| Hauppauge | THRIVE RECOVERY COMMUNITY AND OUTREACH CENTER | 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749 | (631) 822-3396 | |
| Holtsville | YMCA FAMILY SERVICES | 1150 Portion Rd, Holtsville, NY 11742 | (631) 580-7777 x 111 | |
| Huntington | HUNTINGTON DRUG AND ALCOHOL | 423 Park Avenue, Huntington, NY 11743 | (631) 271-3591 | |
| Huntington | WELLIFE NETWORK | 55 Horizon Drive, Huntington, NY 11743 | (631) 920-8070 | |
| Mastic | FAMILY SERVICE LEAGUE | 1235 Montauk Highway, Mastic, NY 11950 | (631) 772-3283 | |
| Medford | EASTERN SUFFOLK BOCES | 1741D North Ocean Ave, Medford, NY 11763 | (631) 289-0078 | |
| Port Jefferson Station | SUNSHINE PREVENTION CENTER YOUTH & FAMILY SERVICES | 466 Boyle Road, Port Jefferson Station, NY 11776 | (631) 476-3099 | |
| Riverhead | LONG ISLAND COUNCIL ON ALCOHOL AND DRUG DEPENDENCY (LICADD) | 877 East Main Street, Suite 107, Riverhead, NY 11901 | (631) 979-1700 | |
| Riverhead | RIVERHEAD COMMUNITY AWARENESS PROGRAM, INC (CAP) | 518 E. Main Street, Suite 106, Riverhead, NY 11901 | (631) 727-3722 | |
| Smithtown | TOWN OF SMITHTOWN HORIZONS COUNSELING AND EDUCATION CENTER | 161 East Main Street, Smithtown, NY 11787 | (631) 360-7578 | |
| Southampton | ALTERNATIVES COUNSELING SERVICES | 291 Hampton Road, Southampton, NY 11968 | (631) 283-4440 | |
| Stony Brook | CENTER FOR PREVENTION AND OUTREACH | Stony Brook University Student Union, Rm # 216, Stony Brook, NY 11790 | (631) 632-6729 | |
| West Islip | WEST ISLIP YOUTH ENRICHMENT SERVICES (YES) | 555 Clayton Avenue, Central Islip, NY 11722 | (631) 348-3513 | |
| Westhampton Beach | HUMAN UNDERSTANDING & GROWTH SERVICES (HUGS), INC | 108C Mill Road, Westhampton Beach, NY 11978 | (631) 288-9505 | |

ADULT SINGLE POINT OF ACCESS (A-SPOA)

| Location | ADULT SPOA (Single Point of Access) | Address | Phone | Fax |
|-----------|--|--|----------------|----------------|
| Hauppauge | SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788 | (631) 853-6204 | (631) 853-6451 |

| Location | AOT (Assisted Outpatient Treatment) | Address | Phone | Fax |
|-----------|--|--|----------------|----------------|
| Hauppauge | SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788 | (631) 853-6205 | (631) 853-6451 |

CARE COORDINATION

Adult SPOA (Single Point of Access) coordinates referrals for care coordination to Health Home Care Management agencies and ACT Team providers. An individual receiving care coordination services can expect assistance with accessing services that support an improved quality of life. Care coordination can involve assistance with housing, outpatient treatment, vocational services, day programs and disability benefits. Additionally, the Adult SPOA unit provides referrals for care coordination services for those individuals without Medicaid coverage, and is available to offer assistance as you navigate the mental health system. Clients with Medicaid may also make a direct referral to a Health Home for care coordination services. All requests for clients without Medicaid are made through the Adult SPOA unit. For assistance or more information about the application process, please call 853-6204, or to access the ASPOA application online visit the website at:

<http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene>

ASSISTED OUTPATIENT TREATMENT (AOT)

As per Section 9.60 of Mental Hygiene Law (a/k/a “Kendra’s Law”), AOT “provides for court-ordered outpatient treatment for certain people with diagnoses of mental illnesses who, in view of their treatment history and present circumstances, are unlikely to survive safely in the community without supervision.” A person may be ordered to obtain Assisted Outpatient Treatment (AOT) if the court finds that he or she is:

- At least 18 years of age and suffers from mental illness; and
- Is unlikely to survive in the community without supervision, based on a clinical determination; and
- Has history of non-compliance with treatment for mental illness which has led to either 2 hospitalizations from mental illness in the preceding 3 years, or resulted in at least 1 act of violence toward self or others or threats of serious physical harm to self or others within the preceding 4 years; and
- Is unlikely to accept the treatment recommended in the treatment plan; and
- Is in need of AOT to avoid a relapse or deterioration that would likely result in serious harm to self or others; and
- Will likely benefit from AOT.

The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Suffolk County Division of Community Mental Hygiene Services AOT Unit. AOT recipients will receive Care Coordination services via a Care Coordination Agency or an Assertive Community Treatment (ACT) team.

ASSERTIVE COMMUNITY TREATMENT (ACT)

A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports.

All referrals for ACT services must be made through the Adult SPOA unit. For assistance or more information about the application process, please call 853-6204, or to access the ASPOA application online visit the website at: <http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene>

| Location | ACT (ASSERTIVE COMMUNITY TREATMENT) | Address | Phone | Fax |
|-----------------|--|---|--------------------------|----------------|
| Central Islip | Family Service League (FSL) Central ACT | 320 Carleton Ave., Suite 8800 Central Islip, NY 11722 | (631) 663-4350 | (631) 439-4067 |
| Central Islip | FSL West ACT | 320 Carleton Ave., 8 th Floor Central Islip, NY 11722 | (631) 647-2048 | (631) 647-2057 |
| Huntington | Well Life Network West ACT | 55 Horizon Dr. Huntington, NY 11743 | (631) 920-8088 | (631) 920-8166 |
| Medford | Federation of Organizations East ACT | 3390 Route 112 Medford, NY 11763 | (631) 512-4092 x 4261 | (631) 514-3572 |
| Patchogue | Pilgrim Psychiatric Center (PPC) ACT | 3 Grove Ave. Patchogue, NY 11772 | (631) 475-7108 | (631) 475-9601 |
| Smithtown | Well Life Network East ACT | 11 Route 111 Smithtown, NY 11787 | (631) 920-8351 | (631) 920-8353 |
| Riverhead | FSL East ACT | 208 Roanoke Ave. Riverhead, NY 11901 | (631) 284-2565 | (631) 284-2541 |
| West Babylon | Federation of Organizations West ACT | One Farmingdale Rd., Route 109 West Babylon, NY 11704 | (631) 669-5355 | (631) 669-1471 |

SINGLE POINT OF ACCESS (SPA) HOUSING UNIT

Phone: (631) 231-3562

Fax: (631) 231-4568

Single Point of Access (SPA) is committed to providing housing to Nassau and Suffolk county residents with serious behavioral health issues regardless of race, creed or color, in an effort to promote recovery through a strength based support system. The SPA strives to reduce stigma and provide opportunities for recovery and is responsive to individual recipient wishes and needs in an effort to reduce hospitalization and homelessness.

Supervised Community Residence - CR

These programs are supervised 24 hours per day. These residences typically house 8 – 15 individuals in one large house. Food is provided. Residents are offered all restorative services, generally with an emphasis on Daily Living Skills such as cooking, cleaning, personal hygiene, food shopping and money management. Medication is supervised as needed.

SRO Community Residence (CR-SRO)

This level offers individuals their own bedrooms usually in a large building with up to 50 residents. Staff supervision is present 24 hours per day. It is recommended that residents prepare their own meals. A meal plan may be available for purchase depending on location. Restorative services are available.

Apartment Treatment - ATP

These programs typically receive staff visits several times each week, depending on level of need. There are generally 2 – 3 residents per house or apartment. Residents are expected to have good daily living skills, and be able to hold their own medication. Food is not provided. Instead, residents receive an allowance, which is used to purchase food and cleaning supplies. Applicants should have some ability to manage their own medications.

Supported Housing - SHP

Supported Housing programs vary. Programs may offer shared apartments, houses for three individual adults, or families. Individuals residing in Supported Housing pay 30% of their monthly income toward their rent. The rest of their rent is subsidized. Residents of these programs live fairly independently, and may receive visits 1- 4 times monthly. Supported Housing is considered long term housing.

ADULT RESPITE HOUSING

| | |
|---|----------------|
| Concern for Independent Living | (631) 947-2900 |
| Federation of Organizations | (631) 236-4299 |
| Family Residences and Essential Enterprises (FREE) Hospital Diversion | (631) 676-3299 |

CHILDREN'S SINGLE POINT OF ACCESS (C-SPOA)

The Children's Single Point of Access system began in 2001 to simplify and coordinate the process of linking children with serious emotional disturbance and their families to the services that can assist in meeting their needs. The goal of SPOA is to identify children at highest risk of placement in out-of-home settings; develop appropriate strategies to manage those children in their home communities; and monitor and track progress through system. The Children's SPOA is characterized by a multi-disciplinary representation of agencies. Referrals may be made to SPOA for children, age five through 18 years (some to 21), with a major psychiatric diagnosis who meet the NYS OMH criteria for Serious Emotional Disturbance (SED).

| Location | CHILDREN'S SPOA (Single Point of Access) | Address | Phone | Fax |
|-----------|--|--|----------------|----------------|
| Hauppauge | SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES | 725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016, Hauppauge, NY 11788 | (631) 853-8513 | (631) 853-8518 |

C-SPOA IN-HOME PROGRAMS

FAMILY CONNECT

Child and Family Support program designed to provide short-term crisis intervention, respite linkages, support, information, referral and advocacy to children and youth with or at risk of developing serious emotional and behavioral challenges and their families. Family Connect program seeks to bridge the gap between families in need and community resources. Mobile Crisis and ER/CPEP referrals are not appropriate and should continue to be referred to LINK.

SERVICES, SUPPORTS, TRANSITIONS, ADVOCACY AND ACCESS FOR YOUTH (SSTAAY)

The SSTAAY program enhances the ability of youth (ages 5-21) who have or are at risk of developing SED to maintain emotional and behavioral stability, strengthen their support systems, and avert the need for higher levels of care and/or out-of-home placement. Services and supports include advocacy, service linkage, skill building, service education, and crisis prevention.

CHILDREN'S CARE COORDINATION AND CHILDREN'S HEALTH HOME CARE MANAGEMENT

All develop service plans based on the specific needs and desires of the child and the family. Programs provide care coordination services, including service linkage, coordination and monitoring and crisis intervention to maximize each youth's potential for growth and emotional stability within their natural support system and maintain the youth in their home and community. Frequency of visits range from 2-4 times per month.

COORDINATED CHILDREN'S SERVICES INITIATIVE (CCSI)

The CCSI program targets children who are at risk for out of home placement. Worker provides weekly visits requiring parental commitment. Requires a parenting skills enhancement course; anger management courses are available for the child.

HOME AND COMMUNITY BASED SERVICES (HCBS) WAIVER

The HCBS Waiver services target the most seriously psychiatrically impaired youth who are at risk of hospitalization or Residential Treatment Facility placement. A comprehensive array of services is available.

FAMILY PEER SUPPORT SERVICES

Family Peer Support Service (FPSS) programs enhance the capacity of families to care for their at-risk child, reducing the risk of hospitalization. The goal is to maintain the child in the home by providing a variety of supports and services to the family for the benefit of the child.

SPOA COMMUNITY-BASED RESIDENTIAL SERVICES

Community Residences (CR)

Community Residences are residential programs for eight children that include structured daily living activities, development of problem-solving skills, a behavior management system and caring adult relationships. Program staffing provides for 24-hour awake supervision.

Residential Treatment Facility (RTF)

Residential Treatment Facilities provide fully integrated MH treatment and special education services under the direction of a psychiatrist, in a well-supervised residential setting. RTFs can serve youngsters between 5 and 21 years of age. Most youngsters are served for an extended stay between 6 months and 2 years. Access to an RTF is through the Preadmission Certification Committee (PACC) under the guidance of the Office of Mental Health (OMH).

PEER AND SELF-HELP SERVICES

PEER SUPPORT

| | |
|---|--|
| Association for Mental Health and Wellness (East End Peer Recovery Center) | (631) 681-6920 |
| Hands Across Long Island | (631) 234-1925 |
| Association for Mental Health and Wellness (Careers In Recovery & Wellness Training) | (631) 471-7242 x 1302 |
| Federation of Organizations – <i>The Peer Outreach with Evening Recreation (POWER)</i> <i>The Respite Plus</i> <i>The Jr. Sr. Companion</i> <i>The Advocacy Program</i> | (631) 447-6460 x 2114 (631) 447-6460 x 2188 (631) 447-6460 x 3130 (631) 447-6460 x 2203 |
| Friendship Network | (516) 326-6111 |
| Smithtown Youth Bureau | (631) 360-7595 |
| Suffolk County Youth Bureau | (631) 853-8270 |
| Long Island Gay and Lesbian Youth (LIGALY) | (631) 665-2300 |
| Family Service League: Parent to Parent | (631) 853-2793 |
| Family and Children's Association: Family Center Suffolk | (631) 389-4693 |

SELF-HELP SUPPORT

| | |
|---|-----------------------------------|
| Association for Mental Health and Wellness <i>Anxiety & Panic Disorder, Mood Disorder/Depression</i> <i>PFC Joseph P. Dwyer Project (PTSD Peer to Peer Support)</i> | (631) 226-3900 (631) 853-8345 |
| Alcoholics Anonymous (AA) | (631) 654-1150 |
| Al-Anon/Ala-teen | (888) 425-2666 |
| Suffolk Office | (631) 669-2827 |
| Brookhaven Hospice | (631) 758-3600 |
| Children, Adults with ADD (CHADD) | (631) 626-6280 |
| Co-Dependents Anonymous | (631) 277-7991 |
| Emotions Anonymous | (651) 647-9712 – National Hotline |
| Good Shepard Hospice | (631) 465-6300 |
| Hospice Care Network | (631) 666-6863 |
| Long Island Families Together (LIFT) Adoption Support Group | (631) 264-5438 x 103 |
| Long Island Against Domestic Violence | (631) 666-8833 |
| National Alliance on Mental Illness (NAMI) Central Suffolk | (631) 675-6831 |
| NAMI Huntington | (631) 385-0754 |
| NAMI New York State | (800) 950-3228 |
| Narcotics Anonymous of Suffolk | (631) 689-6262 |
| Recovery International | (631) 724-5190 |
| Suffolk YJCC Commack | (631) 462-9800 |
| Sunshine Prevention Center | (631) 476-3099 |

12 STEP PROGRAMS

| | |
|---------------------------|-----------------------------------|
| Alcoholics Anonymous (AA) | (631) 669-1124 |
| Families Anonymous | (516) 221-0303 |
| LI Gamblers Anonymous | (877) 533-4395 or (877) 442-4248 |
| Narcotics Anonymous | (516) 827-9500 |
| Al-Anon | (631) 669-2827 |
| Co-Dependents Anonymous | (631) 271-1445 |
| Gam-Anon 24-hr Hotline | (718) 352-1671 |
| Overeaters Anonymous | (505) 891-2664 – National Hotline |

ANGER MANAGEMENT

| | |
|--|----------------|
| Long Island Center for Alcoholism and Drug Dependence (LICADD) | (516) 747-2606 |
| The Life Center | (631) 673-5433 |
| Bellport Hagerman East Patchogue Alliance | (631) 286-9236 |
| Babylon Consultation Center | (631) 587-4622 |
| Family Service League | (631) 647-3100 |
| Islip Youth & Family Counseling | (631) 231-4333 |
| Education & Assistance Corporation | (516) 489-7929 |
| Parent Resource Center | (631) 360-7517 |
| Sunrise Counseling Center | (631) 666-1615 |
| Sunshine Prevention Center | (631) 476-3099 |
| Batterers Intervention Program through VIBS (HALT) | (631) 360-2270 |

PERINATAL MOOD & ANXIETY DISORDER SERVICES

| | |
|---|----------------|
| Postpartum Resource Center of New York | (631) 422-2255 |
| Suffolk Perinatal Coalition, Inc. | (631) 475-5400 |
| Postpartum Support International | (800) 944-4773 |
| An Angel's Embrace: Pregnancy and Postpartum Depression | (516) 697-1682 |
| Long Island Doula Association (LIDA) | (631) 574-2205 |
| Mothers' Circle of Hope <i>St. Catherine of Siena, Smithtown</i> | (631) 862-3330 |
| <i>Good Samaritan Hospital</i> | (631) 376-4444 |
| Maternal Wellness Pregnancy & Postpartum Depression | (631) 265-3133 |

YOUTH CENTERS

| | |
|-------------------------|----------------|
| Babylon Youth Bureau | (631) 422-7660 |
| Brookhaven Youth Bureau | (631) 451-8011 |
| Brookhaven Youth Bureau | (631) 924-3741 |
| Huntington Youth Bureau | (631) 351-3061 |
| Islip Youth Bureau | (631) 224-5320 |
| Smithtown Youth Bureau | (631) 360-7595 |

DROP-IN CENTERS

| | |
|--|-----------------------|
| Adelante of Suffolk County – Bay Shore | (631) 434-3488 |
| Adelante of Suffolk County – Central Islip | (631) 234-1049 |
| Family Service League – Huntington | (631) 396-2300 |
| Federation of Organizations – West Babylon | (631) 669-5355 x 2122 |
| Federation of Organizations – Patchogue | (631) 447-6460 |
| Hands Across Long Island (H.A.L.I.) | (631) 234-1925 |
| Long Island Gay and Lesbian Youth (LIGALY) | (631) 665-7874 |
| Well Life Network – Huntington | (631) 920-8000 |

MOBILE INTEGRATION TEAMS (MIT)

| | |
|---|--|
| Office of Mental Health <i>Children & Adolescents MIT</i> <i>Adult MIT</i> Nassau Suffolk | (631) 370-1701 (631) 761-4507 (631) 924-4411 x 244 |
| Adelante of Suffolk County – Central Islip | (631) 234-1049 |
| Family Service League – Huntington | (631) 396-2300 |

ADDITIONAL RESOURCES

ADVOCACY

| | |
|---|----------------------------------|
| Family Service League of SC Linkage Program (seniors) | (631) 427-3700 (631) 853-8250 |
| Families in Support of Treatment (F.I.S.T) | (516) 316-6387 |
| Hands Across Long Island (H.A.L.I) | (631) 234-1925 |
| Islip/Babylon Consumer Council | (631) 587-1886 |
| Long Island Advocacy Center (LIAC) | (631) 234-0467 |
| Long Island Families Together Inc. | (631) 264-5438 |
| P.O.W.E.R. Program (Federation of Organizations) | (631) 447-6460 |
| Suffolk County Office for the Aging Hauppauge Riverhead | (631) 853-8200 (631) 852-1420 |
| Suffolk Independent Living Organization (SILO) | (631) 880-7929 |
| United Way | (631) 940-3700 |

DISASTER RESOURCES

| | |
|-----------------------------|----------------|
| Disaster Distress Hotline | (800) 985-5990 |
| The Crisis Response Service | (631) 289-2200 |

LEGAL SERVICES

| | |
|--|--|
| The NYS Justice Center | 1 (855) 373-2122 - Hotline |
| Legal Aid Society of Suffolk County – Central Islip District Court Family Court Children’s Law Bureau Riverhead Office | (631) 853-5212 (631) 853-4343 (631) 439-2450/2453 (631) 852-1650/1655 |
| Mental Hygiene Legal Service Courthouse Corporate Center | (631) 208-5319 |
| Nassau/Suffolk Law Services Islandia Riverhead | (631) 232-2400 (631) 369-1112 |
| Suffolk County Bar Association | (631) 234-5511 |
| Supreme Court Building | (516) 493-3963 |
| Islip/Babylon Consumer Council | (631) 587-1886 |

VOCATIONALLY ORIENTED PROGRAMS

| | |
|---|----------------|
| ACCES-VR | (631) 952-6357 |
| Family Wellness Center | (631) 273-1300 |
| Federation of Organizations | (631) 669-5355 |
| Hands Across Long Island (H.A.L.I) | (631) 234-1925 |
| Maryhaven Center of Hope – Port Jefferson | (631) 474-4120 |
| Maryhaven Center of Hope – Yaphank | (631) 924-5900 |
| Skills Unlimited Inc. | (631) 567-3320 |
| South Oaks Hospital Career & Education Counseling Program | (631) 608-5052 |
| Suffolk County Department of Labor Youth Career Center | (631) 853-6526 |

FREE/LOW COST MEDICATION

| | |
|-------------------------------|----------------|
| Bureau of Prescription Health | (573) 996-7300 |
|-------------------------------|----------------|

The Medicine Program assists patients who cannot afford to pay for prescription medication. This program is used when a consumer is unable to pay for medications, pending Medicaid approval.

There are also some pharmaceutical companies that offer free medications to low-income families. They require a doctor's consent and proof of your financial status. Depending on what your insurance covers, you may be able to apply. A few companies allow family incomes as high as

\$40,000 annually (offset by expenses).

For a listing of current pharmaceutical companies and the medications they offer visit www.nami.org

LITERATURE ON MENTAL ILLNESS OR SUBSTANCE ABUSE

| | |
|--|----------------|
| National Institute of Mental Health (NIMH) | (866) 615-6464 |
| Substance Abuse and Mental Health Services Administration (SAMHSA) | (877) 726-4727 |

PROFESSIONAL ASSOCIATIONS

| | |
|---|----------------------------------|
| NYS Psychological Association – for PhD/Testing/Treatment | (800) 445-0899 (518) 437-1050 |
| NYS National Association of Social Workers (NASW) | (800) 724-6279 |
| Suffolk County Medical Society | (631) 851-1400 |
| Mental Health America | (800) 969-6642 |

LOS RECURSOS PARA LOS QUE HABLAN ESPANOL

| | |
|---|--|
| Adelante of Suffolk County – Bay Shore Central Islip Brentwood | (631) 434-3488 (631) 234-1049 (631) 434-3481 |
| BEST | (631) 392-4357 |
| Catholic Charities – Bay Shore | (631) 665-6707 |
| Hispanic Counseling Center | (631) 328-4959 |
| National Association of Puerto Rican Hispanic Social Workers | (631) 864-1536 |
| Parientes Clinic | (631) 665-0229 |
| Pilgrim Psychiatric Center | (631) 761-3500 |
| South Shore Counseling | (631) 665-6244 |

GLOSSARY OF TERMS

| | |
|--|--|
| Adolescent Treatment | The Agency provides specialized services for adolescents. |
| Ancillary Withdrawal | Ancillary Withdrawal services are the medical management of mild or moderate symptoms of withdrawal within an OASAS certified inpatient/outpatient clinic setting who have protocol for providing ancillary withdrawal services approved by the OASAS Medical Director. |
| Assertive Community Treatment (ACT) | <p>A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports.</p> <p>All referrals for ACT Team services must be made through the Adult SPOA Unit.</p> |
| Assessment- | The process of gathering a client's personal and family history and any other data necessary for determining client's treatment needs. |
| Assisted Outpatient Treatment (AOT) | <p>The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Suffolk County Division of Community Mental Hygiene Services AOT Unit. Client's referred and eligible for AOT will receive Care Coordination services with Care Coordination Agencies, Suffolk County Management (ICM) or Assertive Community Treatment (ACT) services.</p> <p>All referrals for Care Coordination, ACT or AOT must be on the Adult SPOA application</p> |
| Bilingual Services | Treatments services offered in dual language other than English. |
| CASAC | The Credentialed Alcoholism and Substance Abuse Counselor Credentials are issued by The New York State Office of Alcohol & Substance Abuse Services and are intended for individuals who provide alcoholism and substance abuse COUNSELING services |
| Case Management | Case management is the coordination of community services for mental health patients by allocating a professional to be responsible for the assessment of need and implementation of care plans. It is usually most appropriate for people who, as a result of a serious mental illness, have ongoing support needs in areas such as housing, employment, social relationships, and community participation. In particular, service users with a major psychotic disorder are most often suited to receiving services within this model. |
| Codependent | Codependent is a common condition in people raised in dysfunctional families, and in the partners and children of alcoholics and addicts. It is characterized by living through or for another, attempts to control others, blaming others, a sense of victimization, attempts to "fix" others, and intense anxiety around intimacy. |
| CPP/CPS | The Credentialed Prevention Professional and Credentialed Prevention Specialists Credentials issued by The New York State Office of Alcohol & Substance Abuse Services which are intended for individuals who provide alcohol and substance abuse PREVENTION services in approved work and community settings. |
| Criminal Justice Group | Specialized group treatment for those involved in the criminal justice system. |
| Crisis Intervention | Chemical dependence crisis services manage the treatment of alcohol and/or substance withdrawal, as well as acute disorders associated with alcohol and/or substance use, resulting in a referral to continued care. These services are often provided early in a person's course of recovery and are relatively short in duration, typically in the three to five day range. Crisis services include: medically managed detoxification; medically supervised withdrawal in either an inpatient/residential or outpatient setting; and medically monitored withdrawal. |

| | |
|---|--|
| Day Treatment | Day Treatment a level of care that provides a community based, coordinated set of individualized treatment services to individuals with psychiatric disorders who are not able to function full-time in a normal school, work, and/or home environment and need the additional structured activities of this level of care. While less intensive than hospital based day treatment, this service includes diagnostic, medical, psychiatric, psychosocial, and adjunctive treatment modalities in a structured setting. |
| Detoxification (Medically Managed) | This service addresses the needs of patients who are acutely ill from alcohol-related and/or substance-related addictions or dependence, including the need for medical management of persons with severe withdrawal or risk of severe withdrawal symptoms, and may include individuals with or at risk of an acute physical or psychiatric co-morbid condition. This level of crisis service is the only one capable of accommodating individuals who are incapacitated and require an involuntary, emergency admission |
| Domestic Violence | Specialized group treatment for victims of domestic violence |
| DWI | In every state, it is a crime for a driver to operate a vehicle while impaired by the effects of alcohol or drugs. The specific offense may be called driving under the influence (DUI), driving while intoxicated (DWI), operating under the influence (OUI), and even operating a motor vehicle intoxicated (OMVI). |
| Family Therapy | Substance abuse treatment that involves all members of the nuclear or extended family. |
| Gambling Treatment | These services assist individuals who are affected by problem and pathological gambling, including family members and/or significant others. These services may be provided in free-standing settings or may be co-located in chemical dependency outpatient clinics or other mental health settings. |
| Inpatient Rehabilitation | Chemical dependence inpatient rehabilitation services provide intensive management of chemical dependence symptoms and medical management/monitoring of physical or mental complications from chemical dependence to clients who cannot be effectively served as outpatients and who are not in need of medical detoxification or acute care. These services can be provided in a hospital or free-standing facility. Lengths of stay are primarily in the 20-40 day range. |
| Inpatient Services – Mental Health | <p>Hospitalization may be needed to allow for a period during which the individual can be closely monitored to provide accurate diagnosis, to help adjust or stabilize medications, or during an acute episode where a person’s mental illness temporarily worsens.</p> <p>There are times when a person becomes so ill that they are at risk of hurting themselves or others and hospitalization becomes necessary even though the individual does not wish to enter a hospital. While seeking help voluntarily is always preferable, if that is at all possible, the decision to hospitalize involuntarily can be more caring than it seems if that is the only way your family member or friend can get the care they need, especially if there is a risk of suicide or harm to others.</p> <p>Article 9 of the Mental Hygiene Law (1978) discusses hospitalization persons with a mental illness. Under the law there are three major classifications of admission.</p> <p>1) Voluntary Admission - Any person 18 years of age or over in need of care or treatment may voluntarily sign himself/herself into a hospital if the admitting physician agrees that hospitalization is required.</p> <p>2) Involuntary Admission - Any person 18 years of age or over may be admitted involuntarily upon the certification of two examining physicians or by a physician serving as a commissioner’s designee with the concurrence of the hospital staff physician.</p> <p>3) Emergency Admission (9.39) - Any psychiatric hospital or general hospital with a psychiatric unit which has facilities for emergency admission and is certified by the State Office of Mental Health for this purpose may admit a patient for immediate observation, care and treatment if the person’s behavior is likely to result in serious harm to oneself or others.</p> |

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| Intensive Outpatient Services | Intensive Outpatient Services are an intermediate level of care for mental health and/or substance abuse care. Individuals are seen as a group 2 to 5 times a week (depending on the structure of the program) for 2 to 3 hours at a time. The clinical work is primarily done in a group setting, with individual sessions scheduled periodically generally outside group hours. |
| LCSW | Licensed Clinical Social worker: has a graduate academic degree, has had supervised clinical work experience, and has passed a national- or state-certified licensing exam. This advanced professional can receive health-care Private Insurance reimbursements. |
| LMFT | The Licensed Marriage and Family Therapist has a graduate academic degree, clinical work experience, and has passed state-certified licensing exams. Along with a two- to three-year master's programs with a practicum and internship, LMFTs are required to complete clinical training in individual or family therapy. Some states require completion of 3000 hours of service. |
| LMHC | The Licensed Mental Health Counselor has advanced training, a graduate academic degree, clinical work experience, and has completed a state-certified licensing examination. Counselors often treat people dealing with problems such as alcoholism, addiction, or eating disorders. Some specialize in marriage, family, or child counseling. |
| LMSW | Licensed Master Social Worker: A non-clinical social work license, but is permitted to engage in private/independent practice. LMSW-CC is permitted to perform clinical social work but only under the direct consultation of a LCSW/CSW-IP. Also, a LMSW-CC cannot engage in private/independent practice. |
| MD | The Doctor of Medicine is the most common degree held by physicians and surgeons. Most MDs who work in mental health are psychiatrists. After completing medical school, they receive an additional four years of clinical training in mental health specialties. Psychiatrists treat emotional and mental disorders and are licensed to prescribe medication. These professionals may treat psychiatric disorders with therapy in conjunction with psychotropic medications. |
| Medically Monitored Withdrawal Service | Medically monitored withdrawal services (crisis centers) provide monitoring of mild withdrawal symptoms and uncomplicated withdrawal. The crisis centers also provide services for those in situational crises at risk for relapse |
| Medically Supervised Withdrawal Service | Medically supervised withdrawal services provide treatment to individuals with moderate withdrawal symptoms and non-acute physical or psychiatric complications coupled with situational crisis, or who are unable to abstain with an absence of past withdrawal complications. Medically supervised outpatient withdrawal and stabilization services are appropriate for persons with above symptoms and have a stable environment. |
| Medication Assisted Treatment | Medication Assisted Treatment means treatment of chemical dependence abuse and concomitant conditions with medications requiring a prescription or order from an authorized prescribing professional. This may also be referred to as Medication Supported Recovery. |
| Medication Management | Medication Management is a level of outpatient services where the sole service provided by the qualified physician is the evaluation of the client's need for psychotropic medications, provision of prescription, and ongoing medical monitoring of those medications. |
| Methadone Services | METHADONE TREATMENT is a medical service designed to manage heroin addiction. Methadone treatment programs (MTPs) administer methadone by prescription, in conjunction with a variety of other rehabilitative assistance, to control the physical problems associated with heroin dependence and to provide the opportunity for patients to make major life-style changes over time. Methadone treatment is delivered primarily on an ambulatory basis, with most programs located in either a community or hospital setting. Some specialized programs deliver services in a residential setting, while a few programs deliver services in a prison setting. |
| Mobile Integration Team (MIT) | Services offered: Psychiatric Rehabilitation & Recovery; Family & Caregiver support and Skill Building; Health Teaching; Community Linkage; Crisis Intervention; Outreach and Engagement; Physical Health Care; In-Home Respite; In-school Support; Brief Therapeutic Support |

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| Outpatient Services | Chemical dependence outpatient services assist individuals who suffer from chemical abuse or dependence and their family members and/or significant others. Outpatient services may be delivered at different levels of intensity responsive to the severity of the problems presented by the client. These services may be provided in a free-standing setting, or may be co-located in a variety of other health and human service settings. Sponsorship may be voluntary, proprietary or county operated. There are three chemical dependence outpatient service categories: medically supervised outpatient services, outpatient rehabilitation services; and non-medically supervised outpatient services. The length of stay and the intensity of services as measured by frequency and duration of visits vary from one category of outpatient services to another and intensity will vary during the course of treatment within a specific category. In general, persons are engaged in outpatient treatment up to a year and visits are more frequent earlier in the treatment process becoming less frequent as treatment progresses. |
| Par-Other Group | A special treatment group for parents who are experiencing the negative effects of living with an adolescent, young adult or adult child, who is using substances and refusing treatment. |
| Prevention Counseling | Prevention counseling is a short term, problem resolution focused service that concentrates on resolving identified problems and/or assessing and improving the level of youth and family risk and protective factors that are predictive of substance abuse and/or problem gambling. It includes screening and referral for individuals who are abusing substances or may be developing gambling problems and require referral to appropriate treatment services. It does not include treatment for mental illnesses or addictions. |
| Prevention Education | Prevention Education uses activities and educational presentations to: teach family and youth the consequences of substance use; improve attitudes regarding drug abuse and other problem behavior, and teach drug refusal and other social skills. |
| Prevention Services | The NYS Office of Alcoholism and Substance Abuse Services defines prevention as a pro-active, evidenced-based process utilizing effective programs and strategies to prevent or reduce substance use and problem gambling in individuals, families, and communities. |
| Personalized Recovery Oriented Services (PROS) | PROS is a comprehensive recovery program for individuals diagnosed with severe and persistent mental illness. The goal of the program is to integrate treatment, support and rehabilitation in order to promote an individual's goals, abilities interests so that individuals will be prepared to live independently in the community. Services include vocational support. PROS agencies listed below have on-site clinical services. |
| Psychiatric Evaluation | The assessment of a person's mental, social, psychological functionality. |
| Psychologist | A person trained in the science of human behavior and personality. Licensure as a psychologist in New York State requires a doctoral degree (Ph.D., Psy.D., or Ed.D.), at least two years of supervised experience, and the completion of a state licensing examination. Only licensed psychologists or non-licensed psychologists working in "exempt settings" (schools, government agencies) can use the term "psychologist" or "psychological" in describing their practice. Psychologists help the health and well-being of individuals. They are doctorally trained professionals who conduct research, perform testing, evaluate and treat a full range of emotional and psychological challenges. They admit, diagnose, and coordinate the care of individuals in both outpatient and hospital settings. Psychologists conduct individual and group therapy with adults, adolescents, and children. |
| Relapse Prevention group- | A specialized group focused on teaching a set of skills designed to reduce the likelihood that symptoms will worsen or that a person will return to an unhealthy behavior, such as substance use. Skills include, for example, identifying early warning signs that symptoms may be worsening, or recognizing high risk situations for relapse. |
| Residential Services | Chemical dependence residential services assist individuals who suffer from chemical dependence, who are unable to maintain abstinence or participate in treatment without the structure of a 24-hour/day, 7 day/week residential setting and who are not in need of acute hospital or psychiatric care or chemical dependence inpatient services. There are three levels of intensity of procedures offered by this service: intensive residential treatment and rehabilitation, community residential services, and supportive living services. Length of stay ranges from an average of four months in a community residential service to up to two years in the other residential service categories. |

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| RN | Many Registered Nurses are eligible to be licensed as therapists. They provide a range of primary mental health care services to individuals, families, and groups. |
| Sliding Scale | Sliding scale fees are variable costs for services based on one's ability to pay. Such fees are thereby reduced for those who have lower incomes or less money to spare after their personal expenses, regardless of income. |
| Suboxone® Treatment | Suboxone® is a drug primarily used to treat addiction to opiates such as morphine, heroin and codeine. It is administered as a film or tablets that are dissolved under the tongue. |
| Treatment Planning | Treatment planning refers to the development of a written document that outlines the progression of treatment. The client should always be involved in developing the treatment plan, although this is generally accomplished through informal discussion of the situation. Many therapists present a written copy of the treatment plan to the client. |
| Vocational Services | Vocational services are a set of services offered to individuals with mental or physical disabilities. These services are designed to enable participants to attain skills, resources, attitudes, and expectations needed to compete in the interview process, get a job, and keep a job. Services offered may also help an individual retrain for employment after an injury or mental disorder has disrupted previous employment. |
| Women's group | Specialized group treatment for women with substance abuse concerns. |