



## Bring on Breakfast in Brentwood

**BREAKFAST STARTS YOUR DAY**

**BE READY, BE PREPARED EACH DAY TO LEARN, PLAY AND BE WELL NOURISHED**

**HAVE YOUR FIRST MEAL OF THE DAY AT SCHOOL.**

**EACH SCHOOL DAY A NUTRITIOUS BREAKFAST WILL BE OFFERED AT NO COST**

**BREAKFAST CORNER:**

**Complimentary Breakfast at East Middle and East Kindergarten—beginning Tuesday, 2/7/12**

**Monday:** Breakfast Breaks or Super Donut, Orange Juice, Milk

**Tuesday:** UBR -Ultimate Breakfast Round, Fresh Orange or Orange Juice, Milk

**Wednesday:** Kellogg's Cereal Bar, String Cheese, Apple Juice, Milk

**Thursday:** Sun Morning Mix-Up, Banana, Milk

**Friday:** Kellogg's Whole Grain Bug Bites, Low Fat Yogurt, Fresh Fruit or Juice, Milk

**Milk served daily with breakfast: Low Fat 1% White , Fat Free White**