



Brentwood School Counseling Department – Community Resources

Name	Phone	Link/Info
National Mental Health Crisis Available 24 Hours		
National Suicide Prevention Lifeline	1-800-273-8255	https://suicidepreventionlifeline.org/
National Suicide Prevention Lifeline - Spanish	1-888-628-9454	https://suicidepreventionlifeline.org/help-yourself/en-espanol/
SAMHSA DISASTER DISTRESS HELPLINE	1800-985-5990	https://www.samhsa.gov/node/669837
Crisis Text Line	Text "NAMI" or "HELLO" to 741741	
Local Mental Health (Suffolk) Available 24 Hours		
Response Crisis Center	(631) 751-7500	24hr Crisis Hotline
Response Crisis Center - Spanish speaking families	(631) 751-7423	24hr Crisis Hotline
DASH Crisis Care Center	(631) 952-3333	24hr hotline/crisis center
Suffolk Mobile Crisis Team	(631) 952-3333	24hr Crisis Hotline - Adults (18+)

Children's Mobile Crisis Team	(631) 370-1701	24hr Crisis Hotline - Children (under 18)
NYS OMH Crisis Text Line	Text "GOT5" to 741741	24hr Crisis Text Line
NYS OMH Crisis Hotline	(800) 273-TALK (8255)	24hr Hotline
Long Island Crisis Center	(516) 679-1111	24hr Crisis Hotline
LICADD SUBSTANCE ABUSE HOTLINE	(631)979-1700	24HR HOTLINE
Suffolk Substance Abuse Hotline	(631) 979-1700	24hr Crisis Hotline
Domestic Violence, Sexual Assault Hotline	(631) 360-3606	24hr Hotline
Sagamore Children's Crisis Respite House and Crisis Respite Bed Network	(631) 370-1701	Crisis Bed Program - Children
National Alliance on Mental Illness	Text "NAMI" to 741741 or call 1-800-950-6264	24hr Support Hotline
United Way	211	24hr Resource Hotline
NYS HOPEline - Substance Abuse Hotline	(877) 846-7369	24hr Hotline
VIBES CRISIS HOTLINE	(631)360-3606	24/7 HOTLINE
Food Resources		
Helping Hands Rescue Mission	(631) 351-6996	
Long Island Cares	(631) 824-6384	
St. Patrick's Outreach	(631) 385-3311	

Gloria Dei Evangelical Lutheran	(631) 271-2466	
POWER Program	(631) 447-6460	
Long Island Cares- phone assessment For home Food delivery	(631) 582-3663	
Long Island Cares- Aspara'gus' children's Mobile breakfast Food truck	(631-582-3663	
Angel home care	(631) 451-1930	
Suffolk County Resources (that may still deliver)		
Island Harvest	(631)873-4775	
Smithtown Emergency Food Pantry	(631)265-7676	
Greater Sayville Food Pantry	(631)244-8375	
East Hampton Food Pantry	(631)324-2300	
Mt. Nebo Missionary Baptist	(631)789-1784	
St. Joseph Outreach	(631)981-6888	
St. Patrick's Social Ministry	(631)665-4911	
Bridgethampston Food Pantry	(631)481-8179	
Family Service League-South Shore Family Center	(631)647-3100	
Our Lady of the Snow	(631)363-6385	
Central Islip Civic Council	(631)348-0669	
Adelante of Suffolk County, Inc.	(631)234-1049	

St. John of God RC Church	(631) 234-1884	
Salvation Army- Riverhead	(631)727-3338	
Yes Program	(516)205-4899	
St. Martin of Tours Outreach	(631)264-4840	
Church of the Harvest	(631)727-1977	
Galilee Church Food Pantry	(631)388-9052	
Goodwill AME church	(631)727-5548	
Helping hands For the east end (vets place pantry)	(631)924-8088	
St. Cuthbert's Food pantry	(631)928-1078	
Lighthouse Mission Mobile Food Outreach -Ronkonkoma	(631)758-7584	
Lighthouse Mission Mobile Food Outreach – Coram	(631)758-7584	
Lighthouse Mission Mobile Food Outreach- Central Islip	(631)758-7584	
Lighthouse Mission Mobile Food Outreach- Rocky Point	(631)758-7584	
Lighthouse Mission Mobile Food Outreach- Shirley	(631)758-7584	
Lighthouse Mission Mobile Food Outreach- Port Jefferson	(631)758-7584	
Lighthouse Mission Mobile Food Outreach- Riverhead	(631)758-7584	
Lighthouse Mission Mobile Food Outreach-Centereach	(631)758-7584	
Lighthouse Mission Mobile Food Outreach- Patchogue	(631)758-7584	

Lighthouse Mission Mobile Food Outreach-Bellport	(631)758-7584	
Genesis church	(631)696-9498	
Veterans Resources		
ASSOCIATION FOR MENTAL HEALTH AND WELLNESS (MHAW) DWYER PEER SUPPORT PROJECT(ONLINE PLATFORM)	(631)766-5806	
EOC SUPPORTIVE Housing FOR VETERANS & THEIR FAMILIES	(631) 289-2601	
BEACON VETERAN'S HOUSE	(631) 771-0209	
Housing Resources		
Housing HELP	(631) 754-0373	
90-DAY MORTGAGE RELIEF FOR NEW YORKERS		<u>EXECUTIVE ORDER ANNOUNCING 90-DAY MORTGAGE RELIEF FOR NEW YORKERS</u>
90-DAY MORTGAGE RELIEF GUIDANCE LETTER		<u>90-DAY MORTGAGE RELIEF GUIDANCE LETTER</u>
NYS EVICTION COURT ORDER		<u>https://www.nycourts.gov/evictions/outside-nyc/</u>
NASSAU SUFFOLK LAW SERVICES- EVICTIONS DURING THIS PUBLIC HEALTH EMERGENCY	(631) 232-2400	<u>https://www.nslawservices.org/covid-19-publicbenefits</u>
LONG ISLAND COALITION FOR THE HOMLESS	(631)464-4314	<u>WWW.ADDRESSTHEHOMELESS.ORG</u>

SALVATION ARMY OF GREATER NEW YORK	COVID-19 HOTLINE 1 (347)395-3943	WWW.NEWYORK.SALVATIONARMY.ORG
MAUREEN'S HAVEN	(631)727-6931	WWW.MAUREENHAVEN.ORG
HOPE FOR THE YOUTH	(516)659-0923	WWW.HFY.ORG
COVID 19 Testing		
CORONAVIRUS SELF CHECKER		https://landing.google.com/screener/covid19?source=google
COVID-19 TESTING APPOINTMENT		(888) 364-3065
DRIVE-THROUGH TESTING: STONY BROOK UNIVERSITYHOSPITAL		MAKE APPOINTMENT: (888)364-3065
NORTHWELL HEALTH URGENT CARE		
AFC URGENT CARE		WEST ISLIP :125 SUNRISE HIGHWAY, WEST ISLIP (631)400-3430 FARMINDALE: 11037 FULTON ST, FARMINDALE (631)983-4578
PROHEALTH URGENT CARE OF RIVERHEAD DRIVE-THROUGH TESTING		1149 OLD COUNTRY RD, RIVERHEAD, NY (516)874-0411
SUFFOLK COUNTY HOTSPOT TESTING		BY APPOINTMENT ONLY: 1-845-553-8030
ONLINE Resources For Social Emotional Health and Well Being:		

Office of Mental Health		https://omh.ny.gov/omhweb/guidance/covid-19-managing-stress-anxiety.pdf
Free Coronavirus (COVID-19) Youth Webinars		https://news.hofstra.edu/2020/03/26/free-covid-19-webinars-For-youth/
Guidance on How to Protect Yourself and Your family from COVID-19 when Enjoying the Outdoors		https://hcr.ny.gov/system/files/documents/2020/03/doh_covid19_outdoorguidance_031820.pdf
New York Times Article- Lost Sense of Smell May Be Peculiar Clue to Coronavirus Infection		LOST SENSE OF SMELL MAY BE PECULIAR CLUE TO CORONAVIRUS INFECTION
Guide to living with worry and anxiety amidst global uncertainty		https://www.psychologytools.com/articles/free-guide-to-living-with-worry-and-anxiety-amidst-global-uncertainty/
Talking to young people about covid-19		https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19
OMH - Feeling Stressed About Coronavirus (COVID19)? Managing Anxiety in an Anxiety-Provoking Situation		https://coronavirus.health.ny.gov/system/files/documents/2020/03/managing_stress_anxiety.pdf

<p>National Association of School Psychologists (NASP)- Helping Children Cope with Changes Resulting from COVID19 (publication)</p>		<p>https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?fbclid=IwAR1GQl4pxVlvpupqRNEYaZOc0kZXSBRM05kDAB5c4hoUcZWfPcbCthTE3Kw</p>
<p>National Association of School Psychologists (NASP)- Care For Caregivers: Tips For Families and Educators</p>		<p>https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/mental-health-resources/care-for-caregivers-tips-for-families-and-educators</p>
<p>National Association of School Psychologists (NASP)- Addressing Grief</p>		<p>https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/mental-health-resources/addressing-grief</p>
<p>New York State- Department of Health- Helping Children After Tragic Events: Stop Watching, Start Talking</p>		<p>https://www.health.ny.gov/environmental/emergency/tragic_events/</p>
<p>Substance Abuse and Mental Health Services Administration (SAMHSA)- Talking with Children: Tips For Caregivers, Parents, and Teachers</p>		<p>https://store.samhsa.gov/product/Talking-With-Children-Tips-For-Caregivers-Parents-and-Teachers-</p>

During Infectious Disease Outbreaks		During-Infectious-Disease-Outbreaks/PEP20-01-01-006
The National Child Traumatic stress network (NCTSN)- Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019 (COVID-19)		https://www.nctsn.org/Resources/PARENT-CAREGIVER-GUIDE-TO-HELPING-FAMILIES-COPE-WITH-THE-CORONAVIRUS-DISEASE-2019
New York State School Social Workers' Association (NYSSSWA)- Coronavirus School Response Resources		NEW YORK STATE SCHOOL SOCIAL WORKERS' ASSOCIATION (NYSSSWA)- CORONAVIRUS SCHOOL RESPONSE Resources
New York State Office of Mental Health Crisis Counselors		1-800-597-8481
National Suicide Prevention Hotline		1-800-273-8255
SAMSHA's National Helpline		https://www.samhsa.gov/find-help/national-helpline 1-800-662-HELP
Home Health Aide Services to Seniors		https://www.helpguide.org/articles/senior-housing/home-care-services-For-seniors.htm
Emotional Support Helpline		https://omh.ny.gov/omhweb/covid-19-resources.html
World Health Organization- Mental Health and Psychosocial Considerations During the COVID-19 Outbreak		https://apps.who.int/iris/bitstream/handle/10665/331490/WHO-2019-nCoV-MentalHealth-2020.1-eng.pdf

Supporting Children and Young People with Worries About COVID-19		https://www.annafreud.org/coronavirus-us-support/coronavirus/
Talking to Children About Corona virus		https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html
Wellbeing Resource Library		<u>INTENSIVE CARE SOCIETY: WELLBEING RESOURCE LIBRARY</u>
Living with Worry and Anxiety Amidst Global Uncertainty		https://www.psychologytools.com/assets/covid-19/guide_to_living_with_worry_and_anxiety_amidst_global_uncertainty_en-us.pdf
National Center For PTSD- Managing Healthcare Worker's Stress Associated with the COVID-19 Virus Outbreak		https://www.ptsd.va.gov/covid/COVID_healthcare_workers.asp
MHAW Expands COVID-19 Response		https://longislandbusiness.com/2020/03/mhaw-expands-its-covid-19-response-with-enhanced-mental-health-helpline-and-peer-support/
MHAW help line		<u>MHAW HELP LINE WEBSITE</u>
The Coronavirus and the Public Charge Rule with Attorney Xavier Palacios, Esq.		<u>PUBLIC CHARGE RULE WAIVED- YOU TUBE VIDEO</u>
Community Agencies		

CORONAVIRUS Resources	1-888-364-3065	NYS CORONAVIRUS HOTLINE P:888-364-3065
CORONAVIRUS Resources		https://fcali.org/news/hours-services-during-covid-19 Note: Scroll page For “Servicios de Apoyo para las Comunidades Inmigrantes AHORA y después del coronavirus (COVID-19)”
SUFFOLK COUNTY DEPARTMENT OF SOCIAL SERVICES		RIVERHEAD CENTER: 893 E. MAIN ST, RIVERHEAD (631)852-3500 CORAM CENTER: 80 MIDDLE COUNTRY RD, CORAM (631)854-2300 SMITHTOWN CENTER: 200 WIRELESS BLVD, HAUPPAUGE (631)853-8714 SOUTH WEST CENTER: 2 SOUTH 2ND ST, DEERPARK (631)854-6600
CORONAVIRUS RESOURCE HUB FOR BUSINESSES		CMM CORONAVIRUS RESOURCE HUB FOR BUISNESSES
Resources FOR THINGS TO DO AT HOME WITH CHILDREN DURING THE COVID-19 PANDEMIC For Hearing Impaired Children		https://www.nationaldb.org/Families/learning-resources/family-topics/activities-at-home/

REMOTE SERVICES FOR DOMESTIC VIOLENCE VICTIMS DURING COVID-19 QUARANTINE		https://nnedv.org/latest_update/resources-response-coronavirus-covid-19/
SUFFOLK COUNTY 311 FAQs-3/23/20		https://www.SuffolkCountyny.gov/pager/4932/page/311
USEFUL Resources REGARDING LIMITED OR LACK OF ACCESS TO DEVICES AND SERVICES		https://www.kqed.org/mindshift/55608/14-tips-For-helping-students-with-limited-internet-have-distance-learning
ONLINE TOOLS MAKE CIVICS ACCESSIBLE TO TEACHERS, PARENTS, AND TEENS		ONLINE TOOLS MAKE CIVIC ACCESSIBLE TO TEACHERS, PARENTS, AND TEENS
SUFFOLK COUNTY COMMUNITY Resources FOR SOCIAL WORKERS		https://catholichomecare.chsli.org/sites/default/files/chc%20Community%20Resource%20Directory-SUFFOLK.pdf
HWCLI AND LIVOAD- RESPONSE TO COVID 19		LIVOAD-COVID 19 RESPONSE
NYLAG- CORONA VIRUS LEGAL PLANNING: WHAT DOCUMENTS DO I NEED		LEGAL PLANNING- WHAT DOCUMENTS DO I NEED
SUFFOLK COUNTY LEGISLATURE LINKS AND CONTACT INFORMATION		https://www.scnylegislature.us/1139/COVID-19/AlertCenter.aspx
FAMILY & CHILDREN'S ASSOCIATIONS BILINGUAL COVID HOTLINE		BILINGUAL COVID HOTLINE: 516-546-0357

Suffolk County Behavioral Health COVID		https://www.SuffolkCountyny.gov/Departments/Health-Services/Mental-Hygiene
Long Island family support council		http://www.lifssac.com/
Office of Mental Health-Children's services		https://omh.ny.gov/omhweb/childservice/
Long Island Families Together		https://www.lift4kids.org/find_help/
Long Island Families Together		https://www.lift4kids.org/find_help/information_resources.html
Association of Mental Health		http://mhaw.org/
Pandemic Behavioral Support Campaign		https://www.SuffolkCountyny.gov/Departments/Health-Services/Mental-Hygiene
Sepa Mujer		https://www.sepamujer.org/
Substance Abuse Resources		
PHOENIX HOUSE RESIDENTIAL PROGRAMS RONK. MEN'S AND WOMAN'S PROGRAM	(631) 471-5666	
OUTREACH/OUTPATIENT BELLPORT & BRENTWOOD	BELLPORT (631) 286-0700 BRENTWOOD (631)-436-6065 OFFERS BILINGUAL SERVICES IN SPANISH	
OUTREACH INPATIENT RECOVERY CENTER AT PILGRIM STATE (ADULT MALES)	(631) 521-8400	

OUTREACH HOUSE II AT PILGRIM STATE (TEENS 12-18)	(631) 231-3232	
OUTREACH WOMAN'S RECOVERY RESIDENCE	(631) 469-6200	
SEAFIELD/ INPATIENT WESTHAMPTON BEACH	(631) 288-1122	
SEAFIELD/OUTPATIENT REHAB	AMITYVILLE (631) 424-2900	
SEAFIELD/OUTPATIENT REHAB	MEDFORD (631) 451-6007	
SEAFIELD/OUTPATIENT REHAB	EAST PATCHOGUE (631) 363-2001	
SEAFIELD/OUTPATIENT REHAB	RIVERHEAD (631) 369-7800	
SOUTH OAKS HOSPITAL	(631) 608-5028	
MARYHAVEN CENTER OF HOPE STEPS TO LIFE PROGRAM	(631) 727-0710	
Utilities Emergency Support Lines		
ALTICE ADVANTAGE BROADBAND- FREE WIFI FOR COMMUNITIES	1-866-200-9522	
GENSER CONA ELDER LAW- VIRTUAL NOTARY AND 24/7 EMERGENCY HOTLINE/EMAIL SERVICE	(6313) 905-0000	
NATIONAL GRID	1-800-930-5003	
PSEG LONG ISLAND	1-800-490-0025	

